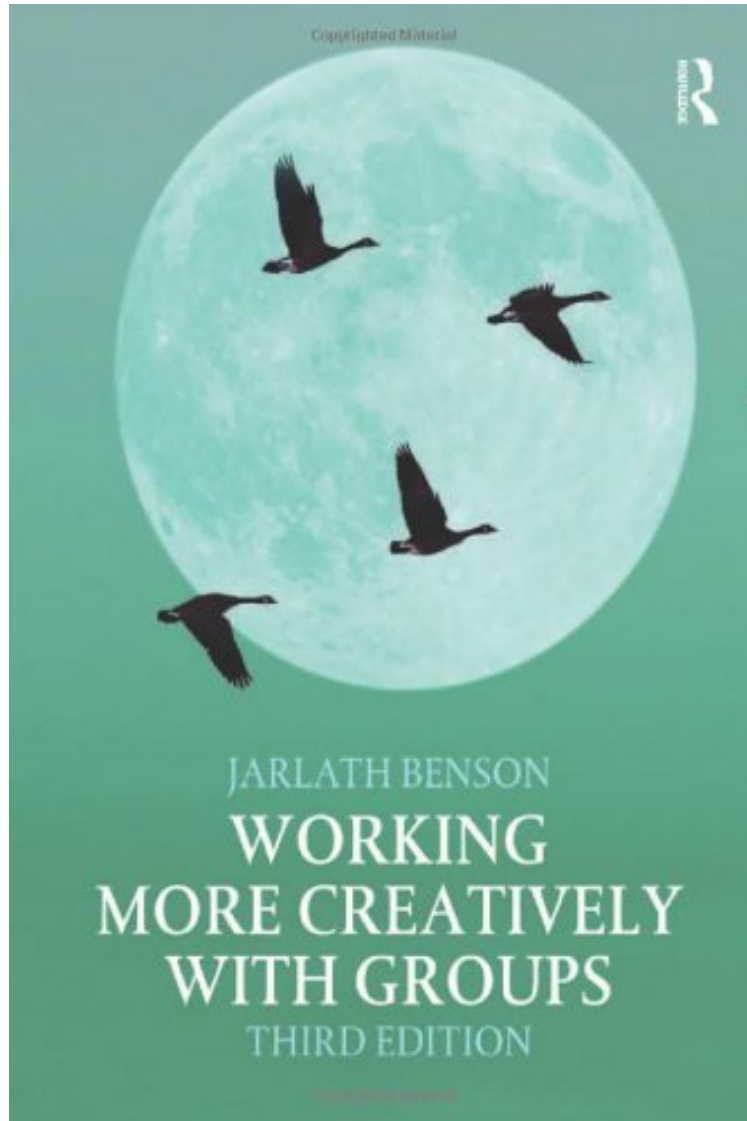


[Free pdf] Working More Creatively with Groups

# Working More Creatively with Groups

*Jarlath Benson*

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**Jarlath Benson : Working More Creatively with Groups** before purchasing it in order to gage whether or not it would be worth my time, and all praised Working More Creatively with Groups:

A new edition of the classic group work textbook! In Working More Creatively with Groups, Jarlath Benson presents the essential knowledge required to set up and work with a group. He looks at how to plan and lead a group successfully and how to intervene skilfully. As well as covering the different stages in the life of a group, the book

emphasizes the various levels of group experience and gives suggestions for working imaginatively with them. This thoroughly updated third edition not only provides a comprehensive guide to groupwork but shows the groupworker how to move on to more in-depth and intensive work, using a variety of strategies illustrated by full clinical vignettes. Many chapters are updated and expanded to include Benson's latest thinking and teaching and the book includes two new chapters. The first focuses on working with and developing different sorts of groups along the therapeutic/educational continuum. The second new chapter discusses how to best use a supervisory process and set up and run a supervisory group. Well known and widely used by social workers, psychologists, educationalists and youth workers, this popular text is suitable for all those working with groups.

"This exciting and extremely well organized book will be particularly valuable for beginning clinicians who can readily apply the authors insights and guidelines which are many. A group therapy teacher could readily build a course around this book. Senior clinicians will also find it a great way to refresh their knowledge."- Cecil A. Rice, President of the Boston Institute for Psychotherapy and Associate Editor of International Journal of Group Psychotherapy, USA  
Interesting, very thorough step by step guide to all aspects of working with groups. Useful suggestions and examples given to help enhance the experience of working creatively. Marion Moran, Trainer and Group Supervisor in Humanistic and Integrative Psychotherapy at the Department of Psychotherapy, Dublin Business School, Ireland.  
About the Author Jarlath Benson is a psychotherapist and groupworker. He has been training students in groupwork for over twenty-five years.